

Newsletter of the Retiree Council 12

A NYSUT-NEA-AFT Affiliate April 2020

#### RC 12 Nominees - Election Date to Be Determined

<u>President /NYSUT Delegate</u> - Stacey Caruso-Sharpe states, "I would be honored to continue to serve the retirees of RC 12. I feel it is extremely important to advocate for all NYSUT members, for public education, and for programs that help insure a decent life for our members. Unions are currently under attack nationwide. The outcome of the Janus Supreme Court decision could have far-reaching consequences to our hard-fought rights. Medicare, Medicaid, and Social Security are all being threatened, and we must fight to protect these programs. They are not entitlements, but programs that for which we have paid. We must be vigilant in protecting our rights!"

<u>1st Vice-President</u> -- Kathlene Lyman tells us, "From the age of five, I wanted to be a teacher. My thirty-four years teaching middle school students was most rewarding. I especially enjoyed working with colleagues in all aspects of the education field. I wish to continue to be inspired working with retirees as 1st Vice-President as well as NYSUT Delegate and AFT Delegate."

**2nd Vice-President for Legislation** -- **Beverly Alves** tells us, "I write and advocate on behalf of children, educators and education. Also, I am an advocate for healthcare justice and palliative care. All of these things enable me to know what issues are important to us and to speak to our legislators about these issues. So, I am running for 2nd Vice-President and NYSUT RA Delegate to help all in RC12 and to promote our issues."

<u>Secretary</u> -- Cathy Picciocca who is running for Secretary states, "I feel indebted to NYSUT for representing me and fellow educators throughout my working experiences from 1974 until 2005. I feel that providing service is a spiritual gift that I can give to RC12 and retired educators across New York State. Stepping in as secretary, learning names and positions has been a challenge, but I try my best to provide minutes that can be passed on to others in our fellowship. I feel blessed to provide this service for retired educators."

<u>Treasurer</u> -- Dolores Talmadge writes, "I have been serving as the NYSUT RC#12 Treasurer for the past 6 years. I have enjoyed working with the board and the entire RC #12 membership and would like to run for re-election. In my capacity, I have been responsible for keeping the financial records for the general fund and the Social Committee, keeping the membership records up to date, and completing and filing the appropriate forms with the IRS. I would also like to run for NYSUT RA Delegate. It is my pleasure to continue to serve NYSUT Retiree Council #12.

<u>NYSUT RA Delegates in 2021 and 2022</u> --Of the following nominees, the two who receive the highest votes are the delegates; the remaining are alternates.

Karen Wojcik-Hess is running for NYSUT RA Delegate and AFT Delegate. Karen tells us, "I think it very important that RC12 is always represented at conventions, and thus, there should be several "alternates"! I was Vice President of Schenectady FT during my many years as an in-service elementary teacher! I was your RC12 president for two years and have stayed active for the many years that followed! I am still on the RC12 board as the President of the Capital District Chapter of the Alliance for Retired Americans, I was just re-elected this fall for another term! If one of our very active officers cannot make the convention. I'd be happy to take her place and report back to you!"

Kathy Lyman, Dolores Talmadge, and Beverly Alves are also running for NYSUT RA delegate.

<u>Delegate to the AFT 2020 Convention</u> -- Candidates are: Stacey Caruso-Sharpe, Kathy Lyman, Karen Wojcik-Hess and



#### **COVID-19 compared to other common conditions**

SYMPTOM	COVID-19	COMMON	FLU	ALLERGIES
Fever	Common	Rare	Common	Sometimes
Dry cough	Common	Mild	Common	Sometimes
Shortness of breath	Common	No	No	Common
Headaches	Sometimes	Rare	Common	Sometimes
Aches and pains	Sometimes	Common	Common	No
Sore throat	Sometimes	Common	Common	No
Fatigue	Sometimes	Sometimes	Common	Sometimes
Diarrhea	Rare	No	Sometimes*	No
Runny nose	Rare	Common	Sometimes	Common
Sneezing	No	Common	No	Common

## Help us with our next issue.

Since many of us love to travel, we would like to do a *Virtual Travel Issue*. Please send us a favorite picture from your travels and write a small description about what made it special. See a couple of examples below. If you want to participate email your picture and paragraph to

Darkangelo@nycap.rr.com

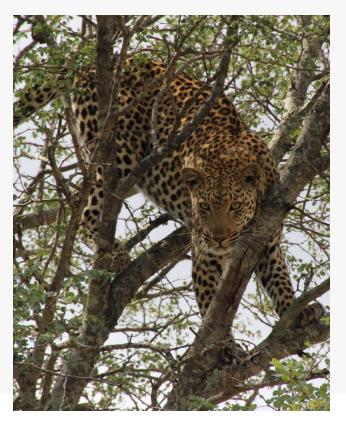


We met this fellow while on safari Kruger National Park in South Africa. A pride of lions stole the impala that he had killed and chased him up the tree. As we watched, he carefully climbed down. When he reached the ground, a lion growled and chased him up again. You could see the fear and hunger in his eyes, but he moved through the branches with strength and agility. When the lions finished their meal and took a nap, Mr. leopard finally escaped. This was an amazing moment in time for us.

Written by Carolyn Darkangelo, retiree from Mayfield TA

This is a sunset in Florida as we were on a sightseeing boat tour near Daytona Beach, FL. It was a gorgeous sunny 70 degrees with cool breezes as we glided through the water. You would really want to be there as the sun sets... do enjoy it.

written by Phyllis VanSteenburgh OE Teacher Retiree







Marty Gras, French for "Fat Tuesday" or Shrove Tuesday, in Venice, Italy. These pictures were taken around the historical Saint Marks Square. The costumes were gorgeous and literally sell for thousands of dollars in the stores! During Carnival (the period of time from New Year's Day to Fat Tuesday), you never know who you might see - Marie Antoinette, King Louis XIV of France, the pope, or even James Bond! Venice, the city of canals, is a jewel and a truly unique experience at any time of year.

### A message from the President of RC 12 Stacev Caruso Sharpe

Wow! What strange and nerve-wracking times. I hope that everyone is staying well. I have been on conference calls with NYSUT and AFT just about every day. I am so proud to say that I am a union member! Our union leadership has been inundated with massive numbers of questions about school closures and the implications for vacations, exams, required days and hours, APPR, members' safety and responsibilities, and many other things that still don't have answers. There are questions about the safety of our healthcare workers and the issues they are now facing daily. I am so impressed with the concern, guidance and help our leadership is sharing with our members to be sure they have what they need to be safe.

NYSUT has cancelled all regional meetings, and the Board of Directors voted to postpone the Representative Assembly and elections. Our RC 12 May meeting/ luncheon at the Glen Sanders is canceled. Our RC 12 consultant, Jenn Shaad-Derby, is working with our executive board to reschedule this meeting. We are working with NYSUT to determine how to proceed with elections. We will keep you updated.

While it becomes easy to start focusing on the negative and possible "what-ifs", I encourage you to focus on some positives. I am most impressed with how our members are stepping up to be sure that our students have food and educational stimulation. They are joining in to help with community food banks, food deliveries and with checking on neighbors and friends who may need assistance. Teacher Associations are working with district administrations to collect gloves, safety goggles and disinfecting wipes to donate to local hospitals and healthcare workers. NYSUT recently activated its polling center to call on retirees, who are more at risk of isolation and loneliness, to check in

## The Outlook

President Stacey Caruso-Sharpe (518) 496-2769 1st VP 2<sup>nd</sup> VP Kathlene Lyman (518) 399-0256

Treasurer Dolores Talmadge (518) 993-2854 Secretary Cathy Picciocca (518) 922-6025

**Immediate Past President** 

Jeanne W. Bennett (315) 895-7063

Past Presidents: Karen Wojcik-Hess Judy Schultz Don Griffith Bill Schultz Jim Marquit

#### **Directors**

- Herkimer Margaret Dafeldecker - Schoharie & Otsego Theresa Kovian - Fulton & Montgomery Vickie McGowan-Horan - Schenectady SRP Director—Susan Proctor

Newsletter Staff Phyllis VanSteenburgh, Carolyn Darkangelo, Jeanne W. Bennett, Theresa Kovian

Webmaster - Carolyn Darkangelo Assistant Webmaster - Theresa Kovian Darkangelo @nycap.rr.com

Website: http://rc12.ny.aft.org/

NYSUT Retiree Services Consultant: Jennifer Shaad-Derby (518) 783-7977

and see if any help is needed. If you are online, there are uplifting videos of kids, animals, and people having fun. Morning news shows are showing the same. Many young people are volunteering to help relatives and neighbors. And we have opportunities to learn new skills. (I recently learned how to use Zoom to communicate with family and friends!)

I am sure that everyone is aware of precautions to take such as frequently washing your hands for at least 20 seconds, staying out of crowds, staying in your home unless absolutely necessary, taking advantage of early shopping hours when stores have had time to clean and restock shelves and there are fewer shoppers, ordering ahead and pickup curbside opportunities and using lots of disinfecting wipes and hand sanitizer.

I encourage you to take care of your mental health as well. Reach out to friends and loved ones to say hi, check in, share a joke, or to discuss things other than COVID-19. If you have the TV on, find something other than news. (I found the old Mary Tyler Moore show, Newhart and Nightcourt, which I find are all good for a laugh break.) Read some happy books, try meditation, mindfulness and yoga. Go outside and walk around. Many mental health experts are sharing ideas online and on tv for staying well. I encourage you to try something new or continue with an old favorite!

I would also like to remind you that NYSUT has a wonderful social services department. Please don't hesitate to reach out! Ani Shahinian is a wonder with helping to solve problems and is a wealth of knowledge and resources. Call (800) 342-9810 ext. 6206.

The word being circulated is that things may get worse before they get better. We will get through this the way we get through all challenging times; with support and love from family, friends and community. That includes our union family! And don't be afraid to reach out!

Be well and stay safe!

Together, we will make it through!

Stacey



518-366-4545

## MOULIN ROUGE! - The Musical NYSUT RC 12 TRIP - Wednesday, July 1, 2020



NYSUT RC 12 has reserved 15 tickets for the July 1, 2020 matinee. The cost of an orchestra center ticket is \$199. The transportation cost will be between \$40 and \$60. If interested, ticket payment must be made by April 22, 2020. Go to the RC 12 website for specific itinerary <a href="http://rc12.ny.aft.org/">http://rc12.ny.aft.org/</a>

Name(s)		Phone #		
Name(s)Address		Phone # Cell #		
Number of tickets @ \$199 each:	Total enclose		(Check payable to NYSUT RC 12)	
Pick-up site: Circle one.	Amsterdam or	Schenectady		
Send this form by April 22, 2020 to:	Kathlene Lyman, 254 I	Riverside Place, A	Alplaus, NY 12008 518-366-4545	
Friday July 10, 2	2020 Yankees VS	The Texas R	angers Game	
Total price of \$150 per person it to NYSUT RC 12 and mail to: Lind Space is limited to 29 people. <i>Go to</i>	a Zilka, 288 Bleecker S	treet, Gloversvill	e, NY 12078 (518-725-5139)	
Name(s) Address Cell Phone	II D			
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Send this form by April 22, 2020 to: Kathlene Lyman, 254 Riverside Place, Alplaus, NY 12008

Name			ntribution Form July 1 County	
Address			City	Year Retired
State	Zip	Phone	Email	
Original U	Union Local		You may share my email with AF	T and NYSUT
My Asser	nblyman	My NY Sta	ate Senator My U	S Representative
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\$15.00 yearly contribution requested. Send to			Amount	
Γ	Oolores Talm	nadge 206 Main	Street, Fort Plain, NY 13	3339
		yable to NYSUT Ret is, please call (51		

## RC 12 Outlook



#### Listed below are those who have made their \$15 contribution to NYSUT Retiree Council 12 between January 10 and March 25 for the 2019 - 2020 year.

If you think I have made an error, please call me at (518) 993-2854, or e-mail me at

doloresltalmadge@gmail.com

Thanks for your financial support.

Dolores Talmadge, treasurer

\*Paid through 2020-2021

+Paid Beyond 2021

Thanks!

B. Donald Ackerman Gary Goodness Carolyn Akland Marlene Armstrong Michael Bergin Robert M. Brown+ Edward F. Carey Susan Caufman Linda K. Cross Robert R. Cross, Jr. Nettie Crossman Jackson Douglass\* William G. Evans III\* Daniel John Furey Miles Garfinkel **Nellie Georgelos** Thomas Giammaria

Denise Greene Michael Greene Maureen Hanna Margaret Hartnett+ Janet Hebert Patricia Hewitt Leslie Hooper Margaret Houtz Mary S. Jablonski\* Patricia Jenne Jane Jennings Kathy Kohler Anthony Komon Nancy Krawcaeski Sally Lauzon

Kathy Leggiero Nadine Mahan Kristine Maxwell Patricia McKee Robert McKee **Rosemary Miner Robert Nevulis** Wendy O'Connor Joyce Orapello **Tony Orapello** Sandra Otten Jack Paasch Frances T. Phillips\* **Rupert Pratt** Susan Retersdorf Elise Rosenberry

Claudia J. Shaylor Samuel B. Shoo **Sharon Silverman** Joan Stephens John M. Sweeney **Emese Szupperits Arnold Timian** Barbara Timian Cheryl Urban-Wessinger Linda D. Wassel\* Patricia Wright Margaret D. Yerdon Kathryn Ylvisaker Linda Zilka\*



# Union-endorsed benefits designed for NYSUT members

Whether it's our endorsed homeowners or auto insurance plans, life or disability insurance, financial or legal service plans, or any of our travel, entertainment or shopping offerings, NYSUT members have the "Power of the Union" behind them when participating in NYSUT Member Benefits-endorsed programs.

There's no need to go it alone when Member Benefits has your back! Member Benefits acts as your advocate for any program you participate in, and we'll do our best to quickly resolve any issues or concerns you may have.

# The following is just a sampling of the dozens of endorsed programs & services available to NYSUT members and their families:

- Auto, Home & Life Insurance
- Vision & Dental Plans
- Legal & Financial Services
- Hotel & Vacation Discounts
- Member Shopping Program
- Car & Truck Rental Discounts

- Competitive Savings Rates
- Retail Store Discounts
- Sports & Concert Tickets
- Theme Park Discounts
- Car Buying Service
- Heating Oil & Propane Savings

We encourage you to take the time to explore the Member Benefits website by scanning the QR code to the right. Find out all we have to offer NYSUT members!

To learn more about Member Benefits-endorsed programs & services, visit *memberbenefits.nysut.org* or call 800-626-8101.





For information about contractual endorsement arrangements with providers of endorsed programs, please contact NYSUT Member Benefits.

Trip Dates (Trip leaders will notify you if these trips change)

RC 12 trip to Mackinac Island, Michigan (moved to 2021)

July 1, 2020 RC 12 trip to NYC to see Plaza Suite

July 1, 2020 RC 12 trip to NYC to see Moulin Rouge

Sep.25-Oct. 5 RC 12 trip to South Dakota\*

Nov. 11, 2020 RC 12 trip to see "THE MUSIC MAN" in NYC

(Always verify dates with the trip coordinator.)

Mar/Apr 2020